Use Google Chrome for this procedure. It did not work on my Internet Explorer 9.
1) Click on Sign in.
2) Sign in with your username (often your email) and password.
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3) Click on Options and select Request Waiver.
4) Click on Reason.

5) Select Greater Sacramento Region School.
6) Leave blank or type in school site and address. They can use your address to verify you are in the Sacramento Region.

7) Click on Submit.
8) This window should pop-up. Click OK.
9) It should no longer say “Awaiting Payment.” It should now say “Waiver Requested.”
The Payment process is now complete for that team. Repeat this process for each registered team that you have.